



Community Care begins at home

CatholicCare is proud to promote the ‘social’ side of its wide range of home care services.

Our team of support workers are not just there to provide in home care and domestic assistance. They also provide a wide range of supports outside of the house .

CatholicCare’s General Manager Health & Wellness, **Flavia Prospero**, said that it was wonderful to be able to assist so many older community members to enjoy life and make the most of what the Mackay region has to offer.

“Choosing CatholicCare as your Home Care Package provider means that our local team can really tailor your services to you and what you want out of life,” Flavia said.

“While the main goal of a Home Care Package is to keep seniors living at home confidently and safely, our care services aren’t just delivered within the four walls of someone’s home!”

“Home Care Package recipients can enjoy easy access to our social support services too”.

Flavia said that CatholicCare was proud to have a team of local, dedicated case managers, whose focus is on ensuring that if you have a Home Care Package, you are given the flexibility and choice to pick the most relevant services for you.

“If you are looking for a Home Care Package provider, our team are happy to help you through the process,” Flavia said.

“Our friendly, local staff can provide you with all the information you need and answer any questions that you may have.

“At CatholicCare, our priority really is making sure that everyone has the ability to get the most out of life.”



To learn more about a Home Care Package with CatholicCare Central Queensland, call 1300 523 985, or for more details visit: www.catholiccarecq.com/hcp





Making things simple....

Welcome to the April issue of Chat Monthly.

At CatholicCare we're all about trying to make things simple and easy for our clients. That goal of simplicity and ease of access applies to everything we do.

Our dedicated client contact team is available via phone, email, webchat and even Facebook to help and explain anything to you. They also work outside of standard business hours to be available at a wider range of times.

We offer fully managed plans to both NDIS and home care package clients, where our teams of experts will look after your plan so you can focus on living your best life, rather than dealing with all the admin. You can read more about our NDIS Plan Management team on the next page.

Our support workers are motivated and listen to your needs (and always welcome a chat too), meaning the things you want done day-to-day, get done correctly!

We offer full online booking for our counselling teams and online registration for our numerous family skills workshops.

Time is precious and we work tirelessly to streamline our processes and procedures so we can give you the services you want, as quickly, simply and more importantly safely as possible.

Until next time,

Flavia Prospero
General Manager Health & Wellbeing Services
CatholicCare Northern Region



How did you hear about our home care packages?

A little bird told me...

Home care packages at CatholicCare are tailored to suit your needs.

They're designed to keep you living your life, *your way!*

Enjoy the benefits of:

- A wide range of services
- A dedicated Case Manager
- Choice and flexibility



Call **1300 523 985**
or visit: www.catholiccarecq.com/hcp



Introducing...



You Matter Plan Management

Proudly provided by CatholicCare

As a participant in the National Disability Insurance Scheme (NDIS), managing your funding can be a daunting task.

From keeping track of your budget to coordinating with service providers, it can be challenging to navigate the complexities of the NDIS system. That's where NDIS plan management services like You Matter Plan Management come in.

A plan management service can help you manage your NDIS funding and take care of the administrative tasks involved in your plan, so you can focus on achieving your goals and living your life to the fullest. In this article, we'll explore what an NDIS plan management service is, how it works, and the benefits it can provide to NDIS participants.

Your Plan Manager will:

- Receive and pay invoices on your behalf
- Assist with managing your funds appropriately
- Provide monthly statements on expenditure and remaining funds
- Let you know if you are overspending or underspending

Some key benefits of having a plan manager include:

- **Dedicated Plan Manager** for all your enquiries who understands you and your plan.
- **Direct phone lines** that get you straight through to your plan manager - no waiting on hold.
- **Free access to our interactive mobile app** that provides information on invoices, statements, funding balances all in real time - Get the information you need when you need it.
- **Over 40 years** of community and disability service knowledge and experience.
- **Streamlined service agreements** so you aren't bogged down with the boring stuff.



Get started

Call us on...



1800 335 444

Online...



Email us...



planmanager@youmatterpm.com.au



Ladybird Magnets



You will need...

- Fabric scraps
- Round plastic lid
- Felt to coordinate with your fabric
- Card
- Black and white craft paint
- Round magnets
- Scissors
- Pen
- Paintbrush
- Toothpick
- Glue stick

These ladybug fridge magnets are made from fabric scraps and coordinating felt and card stock colors. They are really easy to make, so let's get started!

1. Trace around the round plastic lid onto the fabric. Use scissors to cut out the circle.
2. Cover the back of the fabric circle with a glue stick.
3. Stick the fabric circle to color coordinating felt.
4. Glue the felt to the card.
5. Paint a semi-circle for the head with black paint.
6. Use the handle end of the paintbrush to dot on the whites of the eyes. Let everything dry completely.
7. When dry, use a toothpick to dot black onto the whites of the eyes. Use scissors to cut around the ladybug leaving a felt border. Attach a magnet to the back with white craft glue. *And that's it!*

Source: craftsbyamanda.com



WONDERWORD

One word Movie Titles

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| HANCOCK | GREASE | ALIEN |
| TITANIC | EVITA | ROCKY |
| SEVEN | JAWS | JUMANJI |
| JUNO | TWILIGHT | TOOTSIE |
| ARMAGEDDON | HALLOWEEN | |
| WATCHMEN | SAW | |

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A	M	G	W	T	C	C	E	T	A	A	O	N	D
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Need a hint or looking for the solution? Scan the QR code or visit: www.catholiccarecq.com/wonderword