Introducing
AlayaCare

Our New Service Scheduling System for Enhanced Care Services!

We are thrilled to announce that we have officially launched our new service scheduling system, AlayaCare.

After months of hard work by our CatholicCare teams the launch of AlayaCare is certainly a cause for celebration. This system will help us to elevate the standard of care that you receive and help us to serve you even better!

**So without further ado, let us tell you a little more about it…**

What is AlayaCare?

AlayaCare is a **cutting-edge**, cloud-based software **designed specifically for home care services.** With its extensive features, AlayaCare ensures an integrated approach to managing various aspects of your care. **The system allows us greater flexibility** to provide you with a customised experience tailored to your individual needs.

Why Did We Choose AlayaCare?

AlayaCare's end-to-end home care software is designed to offer comprehensive technology-based solutions. As a system that allows us to easily **record and access your preferred care data**, it will help us to more seamlessly deliver your services.

AlayaCare also allows us to **create more personalised care plans,** ensuring that the care you receive is as tailored as possible to your specific needs.
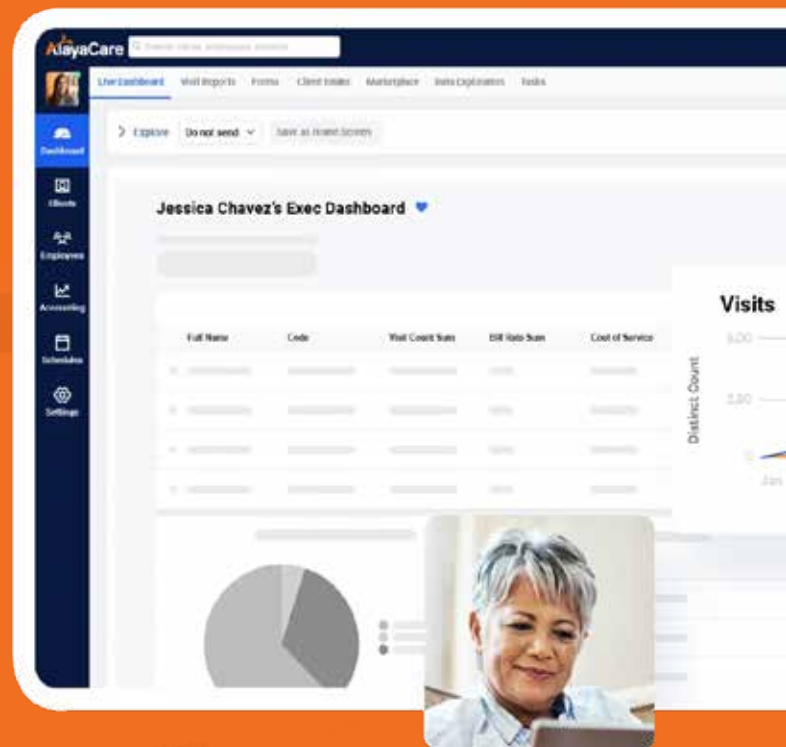
What Does This New System Mean for You?

Aside from knowing that we have started using a brand new service scheduling system, **this change doesn't mean anything for you right now.**

The system is still relatively new to us, but we are excited about the possibilities it will bring into the future. We cannot wait for you to experience the **wonderful benefits** of our new system, AlayaCare!

As always, your care and support is our top priority.

Regional Managers Message...

Welcome to the October issue of Chat Monthly.

As we step into another **busy month**, I am brimming with pride and gratitude as I reflect on the **dedication**, **hard work**, and **resilience** shown by our incredible CatholicCare teams. Their commitment to providing you with the **highest quality of care** possible is second to none and is a testament to their **compassion** and **kind hearts**.

I have seen first hand the months of **hard work** and **collaboration** that has gone into the setup of our new service scheduling system, **AlayaCare**, and I trust that this hard work has not been in vain. Everything we do at CatholicCare is done with your **supports** and **care services** at the forefront of our minds, and I know that this new system will bring some extraordinary possibilities as we move forward.

Speaking of hard work and dedication, this month we continue our staff in focus series with Brooke, who is currently serving as our Community Care Manager for Gladstone!

We hope you are enjoying getting to know the team a little better.

Until next time...

Joshua McNally-Mannes
General Manager Community Care
Central & Rockhampton Region

We ❤ ndis

NDIS Support *Services*

CatholicCare is a *registered NDIS provider* and can assist you with advice and support to help you:

✓ **Personalise** your care plan

✓ **Access** support & therapeutic services

✓ **Engage** with the community

✓ **Maximise** your plan's inclusions & benefits

✓ **Navigate** the NDIS system

Maximise your NDIS plan...
spend time on the things that matter!

Staff in focus...
Brooke *Gladstone Community Care Manager*

This month we're starting to introduce you to members of our team from different areas across the Diocese... Those of you in Gladstone may even have already met Brooke!

Q. What does your job at CatholicCare look like?
I manage the Gladstone region (*which is massive*) for community care. I also sign up new clients, provide NDIS support coordination and organise any CatholicCare events that are happening in Gladstone, such as Christmas and Easter celebrations. I go all out. If there is a space to decorate in our office, I will do it.

Q. How long have you been working at CatholicCare?
A little over 3 years. When I applied I was looking for something different, as I was previously in a youth work role. I stumbled across the Family Dispute Resolution Advisor position that had recently been introduced in Gladstone at the time and thought, why not?

Q. What aspects of your job bring you the most fulfillment?
The clients and their success stories. It just warms my heart hearing how fulfilled their lives are with us and how what we are doing is having a big impact. I do know of a great success story that makes for a great read and should be coming up in a future issue of Chat very soon.

Q. How do you like to spend your time outside of work?
I enjoy spending time with my family. For us, that looks like spending our time around cars and as of recently, getting the kids on the motorbikes which has been a fun experience. I have also recently gotten the kids into gaming, so we can sit there and game with the kids.

Q. What are some of your favourite ways to relax and unwind?
I have recently taken up gardening. I go outside with my big puppy, and we garden for a while. It is just the most relaxing thing to do. My puppy is good at the digging side of things.

Q. Are there any special places you like to visit or travel to?
I just want to go to Disneyland and Harry Potter World. That is my goal for my life. I want to do all the rides I possible can.

Q. Are you currently reading, watching, or listening to anything that you would recommend to others?
I have been watching *Only Murders in the Building* which has been so amazing; the plot twists have me on the edge of my seat. I regularly re-read Harry Potter and have recently finished *The Morganville Vampires*. I really enjoy supernatural and thriller genres. I have also started watching *Grey's Anatomy*.

Q. Do you have any favourite quotes or sayings that provide you with inspiration and motivation?
"It is what it is." It is not very motivating, but there are somethings you just cannot change. So, instead of stressing about them or panicking, you just have to pull your socks up and move along.

Q. What are some interesting facts about you?
I have 3 children who I adore; all boys so I have my hands full. I am competitive, so I thrive in challenging environments. I love haunted escape rooms and beating my time in those, which also coincides with loving scary movies. I also really love bowling and shopping at Costco. That place is just my everything lately.

Q. Describe a time when you witnessed the positive influence of CatholicCare services on someone's life?
Currently, word of mouth is bringing us a lot of new clients. People have stated that they have come to us because they have heard about the amazing service provided by our team. It is super wonderful to hear that we are providing high quality services that are spoken about throughout the community.

Are you enjoying our new staff in focus series? We'd love to hear your feedback!

Email us at:
communications@catholiccarecq.com

Frosted
Pumpkin Cakes

Ingredients...

For the cake
- 300g self-raising flour
- 300g light muscovado sugar
- 3 tsp mixed spice
- 2 tsp bicarbonate of soda
- 175g sultanas
- ½ tsp salt
- 4 eggs, beaten
- 200g butter, melted
- Zest 1 orange
- 1 tbsp orange juice
- 500g (peeled weight) pumpkin or butternut squash flesh, grated

For drenching and frosting
- 200g pack soft cheese
- 85g butter, softened
- 100g icing sugar, sifted
- Zest 1 orange and juice of half

Source: www.bbcgoodfood.com

Just four simple steps...

1. Heat oven to 180C/fan 160C/gas 4. Butter and line a 30 x 20cm baking or small roasting tin with baking parchment. Put the flour, sugar, spice, bicarbonate of soda, sultanas and salt into a large bowl and stir to combine.

2. Beat the eggs into the melted butter, stir in the orange zest and juice, then mix with the dry ingredients till combined. Stir in the pumpkin. Pour the batter into the tin and bake for 30 minutes, or until golden and springy to the touch.

3. **To make the frosting**, beat together the cheese, butter, icing sugar, orange zest and 1 tsp of the juice till smooth and creamy, then set aside in the fridge. When the cake is done, cool for 5 mins then turn it onto a cooling rack. Prick it all over with a skewer and drizzle with the rest of the orange juice while still warm. Leave to cool completely.

4. If you like, trim the edges of the cake. Give the frosting a quick beat to loosen, then, using a palette knife, spread over the top of the cake in peaks and swirls. If you're making the cake ahead, keep it in the fridge then take out as many pieces as you want 30 mins or so before serving. Will keep, covered, for up to 3 days in the fridge.

Enjoy!

WONDERWORD

Skeleton Words

Rest your bones for a while and find all the words

SPINE	SCAPULA	CLAVICLE	SKULL
TIBIA	FEMUR	HIP	RIB CAGE
ILIUM	TARSALS	SKELETON	STERNUM
PATELLA	VERTEBRAE	CRANIUM	
PELVIS	ULNA	CARPALS	

Need a hint or looking for the solution?
Scan the QR code or visit:
www.catholiccarecq.com/wonderword

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T V N O F R U M E F C U S A
P E S C R E G A C B I R T T
K R P R C L P S A I I I E A
A T I A A I E C G R B P R R
A E N N R B L A R I A G N S
N B E I P P V P A A T L U A
L R U U A C I U S A A O M L
U A I M L P S L P S I E A S
U E U L S M A A S I L L L T
P S C L L N K L V C U E L S
I P L U N O T E L E K S E E
H E L K M U I L I R B E T E
L I L S L E L S E P F S A L
M U U R C L A V I C L E P U
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Source: thewordsearch.com

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