



Family Relationship Workshop



Join us to learn the foundational concepts of
healthy & happy relationships

Monday 29th August ~ 9am – 12.30pm

CatholicCare, 58 Sydney Street, Mackay

In this workshop we will discuss:

- Building blocks of 'Sound Relationships'
- Transition to parenthood
- Managing stress and conflict within the family

\$10 per person
(Refreshments Included)

Please note the workshop is for adults only. Participants can be individuals, couples, grandparents or foster parents.

We're here to help: It is the policy of CatholicCare that no one will be refused a service based on an inability to contribute a fee.

For more info and to register online visit:

www.catholiccarecq.com/fw

Or call Nadine Dorans on 1300 523 985

Presented by
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